



Useful Web Links



[Watch Shirley's latest video message](#)

[My website](#)

[BC Government Caucus](#)

[Ministry of Education](#)

[City of Prince George](#)

[Regional District of Fraser Fort George](#)

[Prince George Public Library](#)

[Two Rivers Gallery](#)

[Act Now! BC](#)

[2010 Commerce Centre](#)

[Spirit of 2010](#)

[Prince George Community Foundation](#)

[Northern Development Initiative Trust](#)

[The Exploration Place](#)

[Railway and Forestry Museum](#)

March 12, 2010

Hello everyone,

The Olympic Games in Vancouver last month were an astounding success. The Paralympics looks to build on this success as athletes from around the world compete in events such as Para Alpine Skiing, Para Nordic Skiing, Wheelchair Curling and Sledge Hockey. Although I was in Victoria this week our work on behalf of my constituents in Prince George and the Robson Valley continues. On Tuesday I met with representatives from the Prince George Fire Department and with the Northern Development Initiatives Trust. It is always great to see familiar faces when I am working in Victoria.

This week it was announced 23 BC athletes were named to the Canadian Paralympic team. These Games are a significant moment in these athletes' achievement-filled careers, and every one of them will have the support of an entire country behind them. B.C. and Canadian athletes will achieve success at the 2010 Games thanks to support from the Province's \$10-million investment in Own the Podium and \$40-million Olympic legacy funding for B.C.'s Integrated Performance System, which support the coaching and sport science needs of our athletes and coaches, as well as through investments in facilities. I am incredibly proud of these athletes and I know the entire province, including Northern BC, will be cheering them on as once gain we go for gold!

Capital Report: [Sign up](#) to find out what is happening in government.

Ask Your MLA
Archive: [Click here](#) to read past editions of Ask Your MLA.

Useful Phone numbers

BC Nurse line: 24 hour,
Toll free 1-866-215-4700

Pharma Net Hotline:
Mon-Fri (8:30-4:30pm)
1-800-387-4700

Health Info Line: Mon-Fri
(8:30-4:30pm)
1-800-465-4911

Victim Link: 7 days a
week,
24 hours, 1-800-563-0808

This week is Pharmacist Awareness Week. Pharmacists are available to help you manage your health, and can do much more than simply fill your prescriptions. This year, B.C.'s Pharmacist Awareness Week runs from March 7-13, and British Columbians across the province are being encouraged to visit their local pharmacy and talk to their pharmacist, to find out some other ways pharmacists can help them manage their health and prevent illness. In October 2009, the Province expanded the scope of practice of pharmacists to allow them – with additional training – to give injections for vaccines. To avoid unnecessary interruptions in drug therapy, they are now able to renew most routine prescriptions for chronic conditions. These changes were made to increase patient access and choice. Making health care access easier for British Columbians is important, and through changes such as these we are improving our health care system in British Columbia. On Tuesday a new Chair was appointed to the Forest Practices Board, one that will serve the province well. Al Gorley will assume the role of chair of the Forest Practices Board effective May 1, 2010. Raised in Northern B.C., Gorley went on to become a professional forester and had a long career with the Ministry of Forests and Range in both operations and management positions in Houston, Prince George and Victoria. He also worked with Forest Renewal BC for three years, first as the vice-president for land and resources, then as the chief operating officer. We are very pleased to have someone with the experience of Mr. Gorley and it is great to see a Northerner assume this position. There is a lot to do around town next week including Pacific Western Brewery's special tree planting at their brewery in Prince George at Noon on St. Patrick's Day. In partnership with the Province's *Forests for tomorrow* program, Pacific Western Brewery has committed to planting 50,000 trees in the Cariboo Region to celebrate the province wide success of their pioneer brew, Caribou Genuine Draft. Don't forget to adjust your clocks this weekend as we "spring ahead." This is another sure sign that spring is just around the corner. Enjoy the rest of Spring Break and I look forward to seeing you out and about...

Until next week,
Shirley

**This week's bouquet of recognition
goes to....**

Dustin King

*Congratulations on been awarded a
fellowship to conduct research at UNBC!
Keep up the great work!*

Community Announcement

***Volunteer Fair
Friday April 16th
At the Pine Centre Mall
9am to 9pm***

***For more info call Jo Nore at 250564-
0224***

Or email volunteerpg@telus.net

~~~~~

***Information Seminar: The Proposed Transition to  
Harmonized Sales Tax - Information for Businesses***

(offered in English only)

---

Location 1:

Prince George Civic Centre  
Room 207  
808 Civic Plaza  
Prince George, BC

Location is wheelchair accessible.

---

Dates and times

Saturday, March 13, 2010 from 9:00 a.m. to 11:00 a.m.  
Saturday, March 13, 2010 from 1:00 p.m. to 3:00 p.m.  
Saturday, March 13, 2010 from 4:00 p.m. to 6:00 p.m.  
Tuesday, March 23, 2010 from 9:00 a.m. to 11:00 a.m.

Tuesday, March 23, 2010 from 1:00 p.m. to 3:00 p.m.  
Tuesday, March 23, 2010 from 4:00 p.m. to 6:00 p.m.

---

## Location 2:

---

Prince George Civic Centre  
Room 201-2  
808 Civic Plaza  
Prince George, BC

Location is wheelchair accessible.

---

## Dates and times

---

Monday, March 15, 2010 from 9:00 a.m. to 11:00 a.m.  
Monday, March 15, 2010 from 1:00 p.m. to 3:00 p.m.  
Monday, March 15, 2010 from 4:00 p.m. to 6:00 p.m.  
Tuesday, March 16, 2010 from 9:00 a.m. to 11:00 a.m.  
Tuesday, March 16, 2010 from 1:00 p.m. to 3:00 p.m.  
Tuesday, March 16, 2010 from 4:00 p.m. to 6:00 p.m.

---

## Location 3:

---

Prince George Civic Centre  
Room 204-5  
808 Civic Plaza  
Prince George, BC

Location is wheelchair accessible.

---

## Dates and times

---

Saturday, March 20, 2010 from 9:00 a.m. to 11:00 a.m.  
Saturday, March 20, 2010 from 1:00 p.m. to 3:00 p.m.  
Saturday, March 20, 2010 from 4:00 p.m. to 6:00 p.m.  
Monday, March 22, 2010 from 9:00 a.m. to 11:00 a.m.  
Monday, March 22, 2010 from 1:00 p.m. to 3:00 p.m.  
Monday, March 22, 2010 from 4:00 p.m. to 6:00 p.m.

---

## Registration

---

Registration is required as seating is limited.

Tell us which session you want to attend and the number of participants, and provide your name and phone number.

Email: [BCHSTOutreach@cra-arc.gc.ca](mailto:BCHSTOutreach@cra-arc.gc.ca)

Phone: 1-888-691-4501 (toll-free)

Please note that all registrations are considered confirmed at the time they are made. We will only contact you in the case of a change or a cancellation.

If you register and then find that you cannot attend, please call us at 1-888-691-4501.



## Mark your calendar...

- ❖ March 13- Fundraising event for PGSO – **Black tie Blackjack and the World Uncorked...**in showroom at Wood Wheaton, Tickets are \$68.25 and available at PGSO office and Books & Co.
- ❖ March 17 – Mayor Dan Rogers speaking at the **Chamber Luncheon** at the Coast Inn, 12-1pm, for more info call 250-562-2454
- ❖ March 20 - April 9 – Canadian Cancer Society Daffodil campaign, Corporate customers must order by Mar 17<sup>th</sup>, call Nancy at 250-564-0885 or to volunteer at any of various location selling live
- ❖ March 20-**Pancake Breakfast at ECRA**- 1692 – 10<sup>th</sup> Ave, \$6/per person, 8am-11am
- ❖ March 20 – BC Old Time Fiddlers' Association hosting an **Old Time Dance** at Pineview Recreation Centre, 6470 Bendixon Rd, 8pm to midnight, Tickets \$10/per person, lunch included, for more info call Judy at 250-963-7576
- ❖ March 20 – Bel Canto Choirs presents “**Vintage**” at the Prince George Playhouse. Show times 2:30pm and 7:30pm. Tickets available at Studio 2880. For more info [www.belcantochoirs.ca](http://www.belcantochoirs.ca)
- ❖ March 26 – 28 – the Rainbow Singers present “**Gold Rush Review**” at the ECRA Saloon, Admission is \$12/per person, includes non-alcoholic beverage. Show times Friday, 26<sup>th</sup>, at 7pm, Sunday 28<sup>th</sup> at 2pm.
- ❖ March 27 – **Romantic Passions** – PGSO concert showcasing David Anniversary Gala, Dinner, Dance & Auction at the Ramada Hotel. Tickets are \$40 ea or 2 for \$75 if purchased before March 5, go on line [www.pgmontessori.ca](http://www.pgmontessori.ca) for more info
- ❖ April 16 - Prince George Chamber of Commerce **AGM & Inauguration Dinner at the Coast Inn of the North**, Dinner, Tickets \$50 for members, \$60 for non members for more info call 250-562-2454
- ❖ April 17 – **Global Gourmet Fundraising Gala** at CNC, Dinner at 7pm, Dance to follow, \$50/per person only 150 tickets sold, call 250-561-5859
- ❖ April 21-to 23 – **Opportunity Rocks** at the Prince George Civic, for

- info go on line at [www.mineralsnorth.ca](http://www.mineralsnorth.ca)
- ❖ April 24<sup>th</sup> – **Spring Garage Sale** at ECRA 1692 10<sup>th</sup> Ave. Donations welcome, Frozen Cookie dough on Sale. Appropriate
  - ❖ May 4– **Charlie Pride** at the CN Centre- tickets on sale November 27-[www.tickemaster.ca](http://www.tickemaster.ca) or CN Centre Box Office
  - ❖ May 7-9 -Canadian Cancer Society's **Relay for Life**, register your team today.
  - ❖ June 3-5, – **Resources Expo 2010**- Please visit new website for more info [www.bcresourceexpo.com](http://www.bcresourceexpo.com) .

***If you are a non profit organization and would like to advertise an upcoming event or share a story please email [Shirley](mailto:Shirley)***

Thank you for taking the time to read my newsletter. If you would like to see something specific in the next edition of Ask Your MLA, please [email me](mailto:Shirley). If you know someone who would like to receive our newsletter, email their name so we can add them to our list.



**My second e-newsletter, People, Places & Projects showcases great people and projects in our area. To subscribe to People, Places & Projects, [click here](#). To read past editions to go: [People, Places & Projects online](#).**

Toll Free: 1-866-612-7333  
Phone: 250-612-4181  
Fax: 250-612-4188

[www.shirleybondmla.bc.ca](http://www.shirleybondmla.bc.ca)  
[shirley.bond.mla@leg.bc.ca](mailto:shirley.bond.mla@leg.bc.ca)

1350 5th Ave,  
Prince George, BC  
V2L 3L4